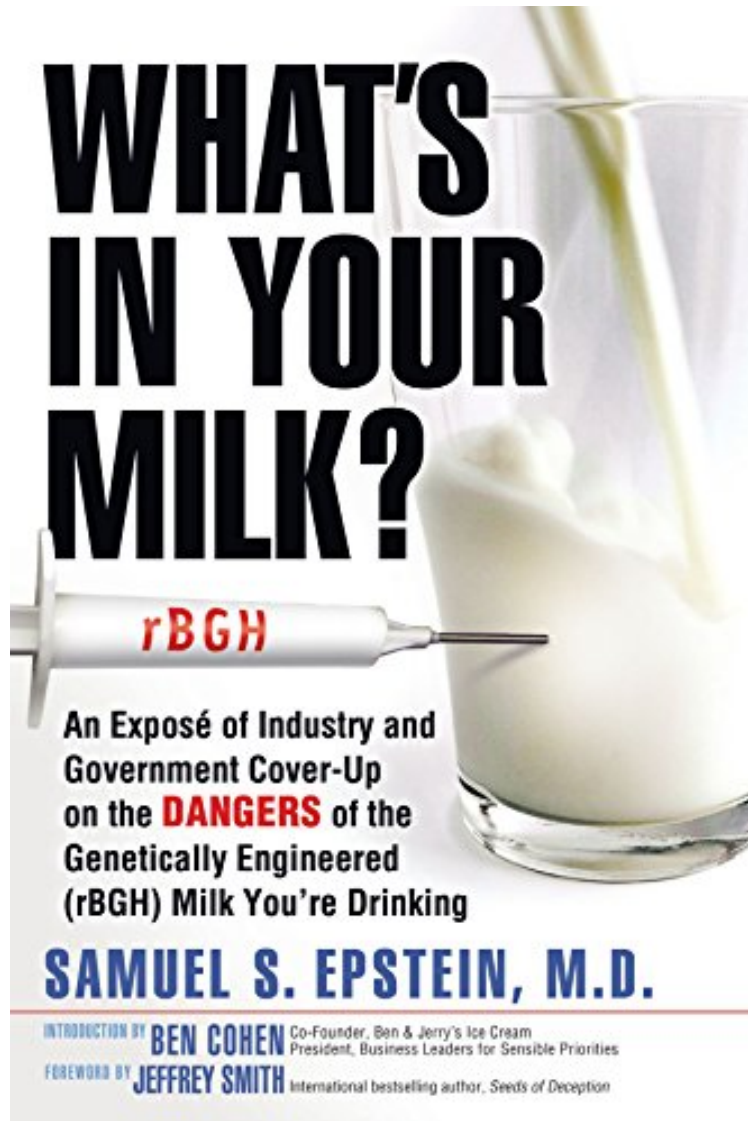


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# What's In Your Milk?: An Expos of Industry and Government Cover-Up on the Dangers of the Genetically Engineered (rBGH) Milk You're Drinking

Samuel S. Epstein

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## the Dangers of the Genetically Engineered (rBGH) Milk You're Drinking:

3 of 3 people found the following review helpful. Revealing the truth  
By C. Colby  
The writing is scientific for the most part, and therefore it is not a light read by any stretch of the imagination. I purchased this book when it was first published. This book details some of the hideous truths about how our so-called food safety "experts" operate. It is shocking of you have never read this stuff before now. An important resource book. And Dr. Epstein is a wonderful man, by the way -- I have met him -- and this is a great book.  
2 of 2 people found the following review helpful. Your milk isn't what you think it is!  
By John M Pocekay  
Very interesting book describing the dangers of processed milk. It's not what you think. If you'd like another eye opener about diet, including dairy products, watch the documentary, Forks over Knives, or go to [forksoverknives.com](http://forksoverknives.com). It's a compelling argument for following a whole foods vegetarian based diet.  
8 of 10 people found the following review helpful. rBST dairy increases risks of cancer  
By Eileen.  
Snow  
Contrary to the industry and US Food and Drug Allies (once known as the Food and Drug Administration) hype, recombinant Bovine Growth Hormone has not been well studied. Dr. Epstein uncovered the longest study of the effects of rBGH on humans was 90 days, on rats (the genus *Rattus*). The hype tells us that the other countries have permitted the use of Posilac. But, in fact, the European Community has a moratorium on the use of the hormone, even though it is made in Austria and filled and packaged in Canada and it's illegal in New Zealand and Australia. Where rBGH is licensed for sale, is in the United States of America, Brazil, Mexico, and South Africa with field studies in Argentina, China, Egypt, India, Malaysia, Pakistan, Tunisia, Zambia, and Zimbabwe. One wonders why the health and lives of these families are worth less than those in Europe. Or, is it that the countries where Posilac is permitted (including our own) have a revolving door between industry and the public regulatory community where studies by vested industries are accepted and studies done by independent scientists are ignored? When investigative reporters Steve Wilson and Jane Akres attempted to air their story on FOX-News, Monsanto intervened. Not only was the story rewritten to downplay the truth, but it was halted by the network who claims their news is "Fair and Balanced." More disinformation to keep the United States public controlled and ignorant of the facts and the truth. Public health and life should be something that government protects, but our government has not protected public health since the Reagan Administration and this is true of both Republicans and Democratic presidential administrations. There are alternatives to this dangerous drug in milk (which increases the risks in humans of cancers of the breast, prostate, and colon and increases the risks of children younger than normal to develop precociously), yet, 15 states including Louisiana have passed laws to protect the industries that sell these drugs by taking away the free speech of farmers. Thus, giving the public NO RIGHT TO KNOW how their food is grown. This means that we cannot know that more nutritional, and regulated "certified organic milk" is free from the genetically engineered growth hormone. Meanwhile, the doors have been opened wide for the use of these dangerous products, which have damaged the health of humans and animals. This also means that natural milk and food is NOT regulated. The plan by the mega biotech/petrochemical pest control firm appears to be "Control the food; control the world." As for the rBST or rBGH drug injected into cows, it goes into the milk, the cheese on your pizza and the cream in your coffee and increases health care costs as more and more people get sick from once preventable diseases. I strongly recommend this book which reveals what our governments (state and federal) have allowed to be done to our food and protect the companies that contaminate for profit and then give disinformation to the farmers, the consumers, and to other countries about what Americans are eating and claiming nothing has happened to us. Revealed is that "one of the main arguments against right to know labeling has been a claim that no tests exist to distinguish between rBGH and the natural BGH. But according to the Council on Scientific Affairs of the American medical association (in a March, 1991, JAMA article), said such a test would be fairly easy to develop." The White House has ignored independent scientific studies for studies by vested interests to keep dangerous drugs (and pest controls) on the market. It is now up to consumers to becoming informed and take action to protect our families and our health and demanding our right to know. Europeans have the right to know because they are activated.

Dangers, especially to children, of non-organic milk contaminated by a genetically engineered growth hormone without any warning of its difference from natural milk, and of its cancer risks.

About the Author  
Samuel S. Epstein, M.D., D. Path., D.T.MH, Professor Emeritus of Environmental and Occupational Medicine at the School of Public Health, University of Illinois at Chicago, is an internationally recognized authority on the mechanisms of carcinogenesis, the causes and prevention of cancer, and the toxic and carcinogenic effects of environmental pollutants in air, water, soil and the workplace, and of ingredients and contaminants in consumer products, food, cosmetics and toiletries, household products and related public policy concerns. He has published some 270 peer reviewed scientific articles, and authored or co-authored twelve books: the 1971 *Mutagenicity of Pesticides*; the 1971 *Drugs of Abuse: Genetic and Other Chronic Non-Psychiatric Hazards*; the 1974 *The Legislation of Product Safety: Consumer Health and Product Hazards*; the prize-winning 1978 *The Politics of Cancer*; the 1982 *Hazardous Wastes in America*; the 1983 *Cancer in Britain: The Politics of Prevention*; the 1995 *Safe Shopper's Bible*; the 1998

Breast Cancer Prevention Program; the 1998 *The Politics of Cancer Revisited*; the 2001 *Got (Genetically Engineered) Milk! The Monsanto rBGH/BST Milk Wars Handbook* (e-book); the 2001 *Unreasonable Risk. How to Avoid Cancer from Cosmetics and Personal Care Products*; and the 2005 *Cancer-Gate: How to Win the Losing Cancer War*. He has contributed numerous editorials and letters to leading national newspapers, and has published over 100 press releases, over the last decade, on the politics of cancer, and on avoidable causes of cancer, particularly in consumer products. Dr. Epstein's past committee and society involvements include: Chairman of the Air Pollution Control Association Committee on Biological Effects of Air Pollutants; President of the Society of Occupational and Environmental Health; Founder and Secretary of the Environmental Mutagen Society; advisor to a wide range of public interest, environmental, citizen activist and organized labor groups; Co-Chairman of the Commission for the Advancement of Public Interest Organizations (CAPIO); and President of the Rachel Carson Council, Inc. In 1993, he founded the non-profit international Cancer Prevention Coalition of which he is the Chairman. Dr. Epstein's activities in the interface between science and public policy include: the lead expert witness involved in the banning of DDT; consultant to the U.S. Senate Committee on Public Works; drafting Congressional legislation; frequent invited Congr