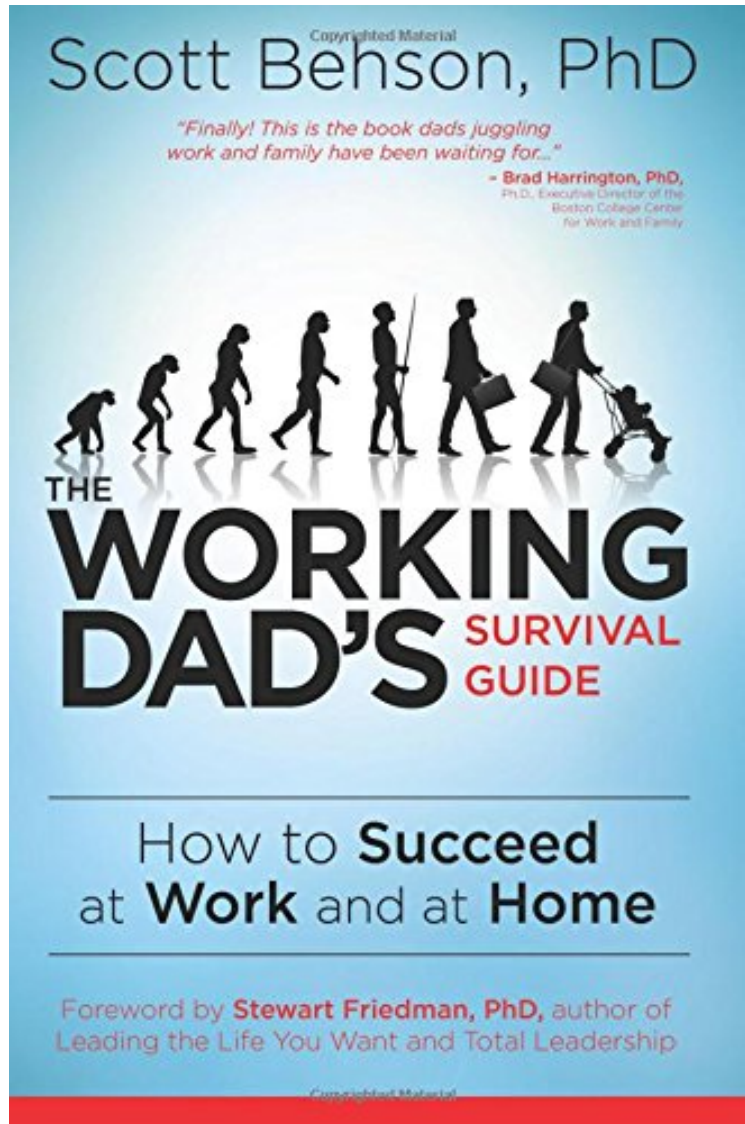


The Working Dad's Survival Guide: How to Succeed at Work and at Home

Scott Behson

DOC | *audiobook | ebooks | Download PDF | ePub



[Download](#)

[Read Online](#)

#726867 in Books 2015-06-09 Original language: English PDF # 1 9.00 x .70 x 6.001, .92 #File Name: 1628651946308 pages | File size: 22.Mb

Scott Behson : The Working Dad's Survival Guide: How to Succeed at Work and at Home before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Working Dad's Survival Guide: How to Succeed at Work and at Home:

1 of 1 people found the following review helpful. A much needed read for families today! By Solange Jazayeri Scott Behson appearance on MSNBC blew me away so I was excited to open the pages of his book he has written on

fatherhood being a bi-partisan deal. This book is both informative and instructional. As a wife and mother I am excited to give to gift this book to my husband. A small token of my respect and admiration for all that he does for our family. As working professionals, we've at times struggled balancing life and work. This book is a game changer! The Working Dad's Survival Guide is a much needed manuscript for any family. Finally father's are getting the respect they deserve in the home. Studies show a father who is engaged in raising their children in the day to day have a long lasting affect on their kids' psyche and long-term success. Scott Behson sidesteps excuses by giving readers practical advice on how to balance a a work/family life balance. Behson is a pioneer in the field and I applaud his march forward! 0 of 0 people found the following review helpful. Nothing ground breaking in here By hw_engineer This was a fast read but it felt a bit all over the place. I am rather analytical out of the gate so the majority of this is just advice on how to be an adult and managing your time. I would not buy it again and would not recommend it. Think about how you spend your time. Finances, work, hobbies, etc all need their own defined time to be productive. That is a much cheaper and simpler version of the book. 1 of 1 people found the following review helpful. Practical, realistic help is at hand. Read On. By Adnan Anthony Scott captures my dilemma clearly when he writes "As fathers, our two most important roles are being a successful financial provider and being an active, loving dad." Are these complimentary or contradictory? I always thought they were contradictory. Now I know better. This book is like being in a conversation with a wise old friend. From advice on finance to the realities of priorities and trade-offs; From making the workplace work for you, to optimizing family life... Scott had me hooked and wanting to read more. If you take the exercises seriously, you will get even more from the book. I did.

Most fathers today strive both to be successful in their careers and to be loving, involved dads. It sometimes seems like an impossible tug-of-war. But it doesn't have to be. The Working Dad's Survival Guide helps dads understand they are not alone, and offers a series of concrete time and life management strategies that enable them to succeed in their careers while also being the present, involved fathers they always wanted to be. Through personal stories and interviews with dozens of working dads, as well as actionable advice and useful self-assessment exercises, Scott Behson will help you feel more confident in succeeding in both parts of your life. Specifically, The Working Dad's Survival Guide will help dads: Understand that most dads face the same struggles they do.

In The Working Dad's Survival Guide, Scott Behson sets out to do one simple - but not at all easy - thing; help men feel confident and successful in both their work life and family life. Using the perfect combination of exercises, stories, insights, and practical strategies he accomplishes that goal with flying colors. There's no magic pill that will make you the best dad you can be. But with commitment, hard work, and Scott's guidance, you're well on your way. - Armin Brott, author of "The Expectant Father" and "The New Father: A Dad's Guide to the First Year" Finally! This is the book dads juggling work and family have been waiting for. Full of great insights, perspectives and advice that will help dads be more successful on all fronts. - Brad Harrington, PhD, Boston College Center for Work and Family Cheers to Scott Behson for providing the 21st century working dad a roadmap for career and parenting success. - Matt Schneider and Lance Somerfeld, City Dads Group. Behson draws brilliantly from his life and research to provide the stories, tips, and tools we need to become the fathers we want to be. - Jeremy Adam Smith, author "The Daddy Shift" If you're like most dads, you're facing an impossible tug of war between work and home. My advice? Read this book. This smart, charming, and actionable guide offers a practical toolkit for thriving in both domains. You'll discover how to make family time more memorable, how to negotiate for work flexibility, and why you should pack at least one stuffed animal on every business trip. Behson is the rare writer who can communicate everything you need to know, while making you feel like you're just chatting over a beer with a good friend. - Ron Friedman, PhD, author "The Best Place to Work" The stories, exercises, and concrete tips Scott offers bring clarity, focus, and motivation for readers to tackle these issues in their own lives. Scott's experience, and positivity, are a welcomed relief! - Sara Sutton Fell, Founder CEO of FlexJobs I wish I had this book when I was taking heat in the corporate world for being an active parent. The suggestions and exercises would have made a big difference, to both support the choices I was making, and help me build a community of other working dads so I would not feel alone. - Greg Marcus, PhD, author of "Busting Your Corporate Idol" You might be a new dad who is craving this information, or an experienced dad interested in making a change, either way, Scott's words of wisdom and friendly tone will help guide you to a solution that's just right for you. - Jessica DeGroot, Founder and President, ThirdPath Institute While the conversation of 'leaning in' and 'opting out' play out for women, Scott is blazing trails for men who want to participate more in their children's lives and shift the consciousness of the business world. - Charlie Capen, co-author, How to Be a Dad From the Back Cover Hey Dad! Ever felt torn between advancing in your career and spending quality time with family? The Working Dad's Survival Guide is for you. The first book of its kind- the advice and encouragement you need to achieve success at work while ALSO being the involved, loving dad you always wanted to be. Written from the unique perspective of Scott Behson, a busy working dad who also happens to be a national expert in work-family issues, The Working Dad's Survival Guide is chock full of concrete time and life management strategies you can use right now. Praise for The Working Dad's Survival Guide If you're like most dads, you're facing an impossible tug of

war between work and home. My advice? Read this book. In this smart, charming, and actionable guide, Scott Behson offers a practical toolkit for thriving in both domains. You'll discover how to make family time more memorable, how to negotiate more flexibility with your boss, and why you should pack at least one stuffed animal on every business trip. Behson is the rare writer who can communicate everything you need to know, while making you feel like you're just chatting over a beer with a good friend at a barbeque.

-Ron Friedman, Ph.D., author of *The Best Place to Work: The Art and Science of Creating an Extraordinary Workplace* Cheers to Scott Behson for providing the 21st century working dad a roadmap for career and parenting success.

-Matt Schneider and Lance Somerfeld, Co-Founders, City Dads Group The stories, exercises, and concrete tips Behson offers bring clarity, focus, and motivation for readers to tackle these issues in their own lives

- Sara Sutton Fell, Founder CEO of FlexJobs A well-designed game plan for dads on how to be successful fathers as well as productive employees

- Hogan Hilling, author, *Dads Behaving Dadly* I wish I had this book when I was taking heat in the corporate world for being an active parent!

- Greg Marcus, PhD, author of *Busting Your Corporate Idol: Self-Help for the Chronically Overworked* About the Author Scott Behson, PhD, is a Professor of Management at Fairleigh Dickinson University, a busy involved dad, and an overall grateful guy. A national expert in work and family issues, Scott was a featured speaker at the recent White House Summit on Working Families. Scott also founded and runs the popular blog, *Fathers, Work, and Family*, dedicated to helping working fathers and encouraging more supportive workplaces. He writes regularly for Harvard Business blog network, Huffington Post and Good Men Project, and has also written for Time and the Wall Street Journal. Scott has appeared on MSNBC, CBS, Fox News and Bloomberg Radio, as well as NPR's Morning Edition, Radio Times and All Things Considered. His work has been featured in such outlets as the Atlantic, Esquire, MSN Money, The Daily Beast, Salary.com, and Today.com. At the Silberman College of Business at Fairleigh Dickinson University, Scott teaches, conducts research, and provides consulting services in Work-Family Balance and Workplace Flexibility. Scott earned a Ph.D. from the State University of New York at Albany and a B.S. from Cornell University. Scott has published numerous academic articles, has made over 40 presentations at prestigious national and international academic conferences, and has won multiple awards for his research and teaching. Scott lives in Nyack, NY, with his wife, stage actress Amy Griffin, and son, Nick. Contact him @ScottBehson on Twitter and follow him on *Fathers, Work, and Family*.