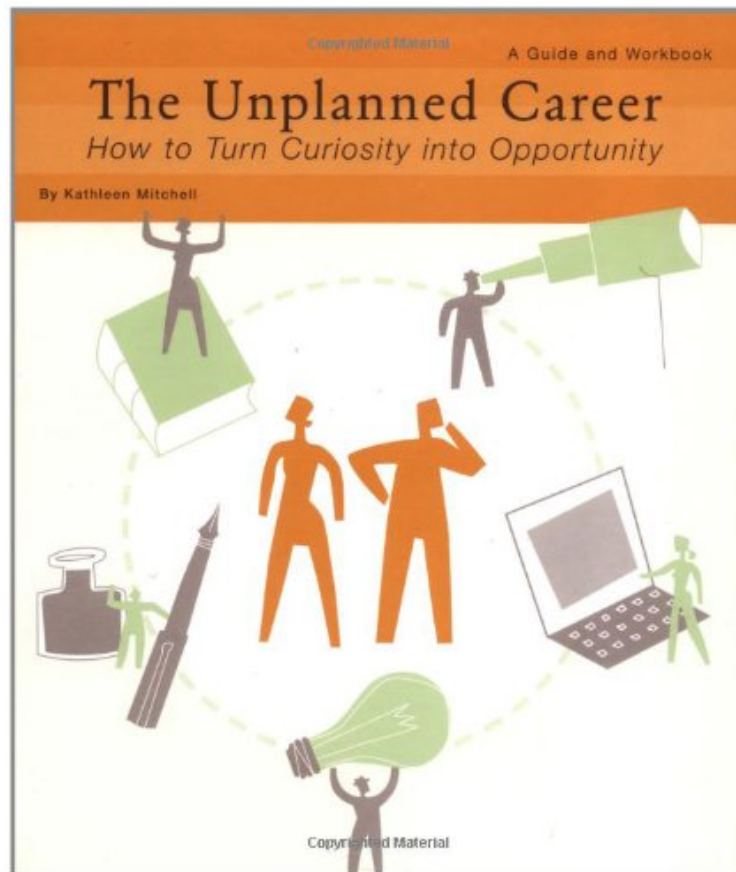


# The Unplanned Career: How to Turn Curiosity into Opportunity: A Guide and Workbook

*Kathleen Mitchell*

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opportunities. By L. Poon Ms. Mitchell taught creating career options, her very last CCSF semester before retirement. I recommend it as a helping assistance.

Ready to build the career you want with a plan that changes with you? Whether you are starting a new venture or searching for more challenge and fulfillment in your current profession, this interactive journal will help you explore critical decisions, motivate you to create new opportunities, and guide you through career transitions.

About the Author Kathleen Mitchell holds a master's degree in career development and a doctorate in counseling psychology. During her twenty years of counseling experience, she created her own theory for career development called Planned Happenstance. She has published articles in the San Francisco Chronicle, and currently teaches and lectures while maintaining a private practice in San Francisco.