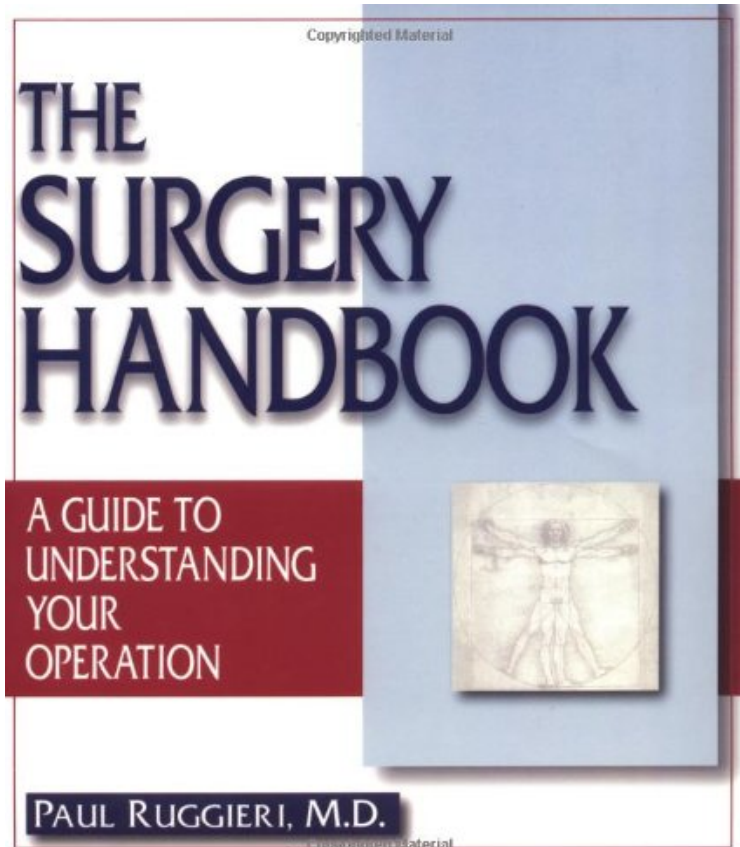


(Read free ebook) The Surgery Handbook: A Guide to Understanding Your Operation

The Surgery Handbook: A Guide to Understanding Your Operation

Paul Ruggieri MD

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Paul Ruggieri MD : The Surgery Handbook: A Guide to Understanding Your Operation before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Surgery Handbook: A Guide to Understanding Your Operation:

0 of 1 people found the following review helpful. A must read primer for anyone who is about to undergo surgery. By a friend the hard facts as you should know them. Dr. Ruggieri has authored a insightful view of the thoughts and experiences of a surgeon as he is about to begin your surgery.....

Written clearly and concisely for the lay audience, The Surgery Handbook covers such topics as pre-surgery anxiety, selecting a surgeon, questions to ask before your operation, types of surgery, anesthesia, pain management, pre-operative tests, and recovery at home.

From Booklist Ruggieri, a surgeon, has listened to the complaints and questions raised by his patients; hence, this aid to patients and potential patients seeking understanding of what can be a frightening and even devastating situation.

Ruggieri introduces the patient and the patient's family to the basics of what surgeons and surgery do. He advises on how to choose a surgeon, how to get a second opinion, and what the anesthesiologist and other health-care workers do; and he discusses risks and the meaning of that much abused term. Leaving the details of specific operations to be learned in the actual event of surgical preparation, he guides prospective patients through a hospital's surgical routine, the hospital discharge procedure, and recovery at home. He isn't all rosy reassurance, though, for he maintains that 50 percent of surgical patients' pain is undertreated. Throughout, he emphasizes that a patient consulting with physicians and hospital staff should have another person at hand to help take notes and ask questions. William Beatty

About the Author Paul Ruggieri, MD, is chief of the department of surgery at St. Annes Hospital, Fall River, Massachusetts. He specializes in thyroid and minimally invasive surgery.