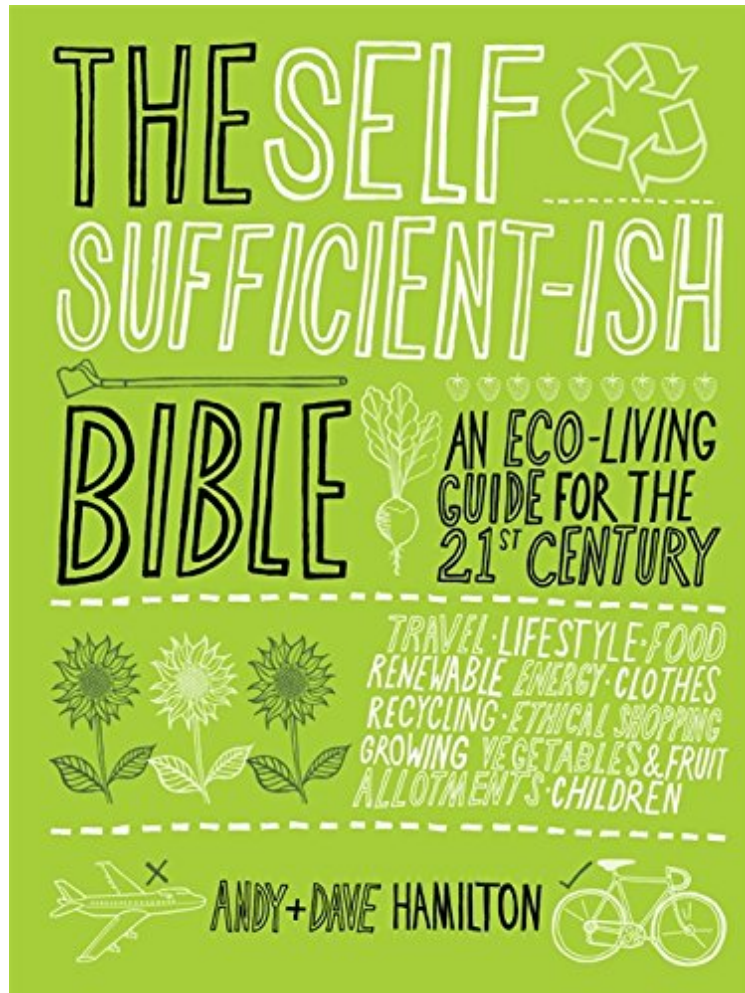


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# The Self Sufficient-ish Bible: An Eco-living Guide for the 21st Century

Andy Hamilton, Dave Hamilton  
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**Andy Hamilton, Dave Hamilton : The Self Sufficient-ish Bible: An Eco-living Guide for the 21st Century** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Self Sufficient-ish Bible: An Eco-living Guide for the 21st Century:

12 of 12 people found the following review helpful. Beautiful Book, Great Information, Wonderful Fun By Kindle Customer Hey! First things first, I'll give you my warning: This book was written for people living in England. Not America or any other country. However, the font of information still applies...for the most part. However, there are a few things I still must do research in to figure out about (ex. What in the world are courgettes and marrows?) and a few things that simply don't apply outside England (ex. Planting and Harvesting Calendar and the supplies section). But there WERE a great many cool projects and some really wonderful information on how to be as green as possible

when circumstances deem you can't be completely self-sufficient. Because, let's face it, the majority of us simply can't leave the modern lifestyle behind completely. Nor do many of us want to. This book is great for suggesting how to live a self-sufficient-ish lifestyle. Not quite living in the boonies, with no money, no job, and no contact with the outside world, but not completely enmeshed in the modern wasteful lifestyle, either. Sure, I don't agree with every word in here, and I don't know that I'd be completely against living in the boonies with no money, no job, and no contact with the outside world. But this book gives me a way to be self-sufficient-ish until I can do something like that, which is a wonderful thing. Hope this helps all of you potential customers, and happy reading! Luv ya, Tashi :) 0 of 0 people found the following review helpful. Covers everything well but no one thing perfectly. By kurtis c fairley I really enjoyed this book, the only reason I didn't give it 5 stars is hard to put my finger on. Maybe it was too general and gave a lot of good ideas but didn't fully flush out anything in particular. If you want a book that lets you dream up an ideal life, this book is great but if you want to start living this life style it's more of a starting point. Best part is the little project pages where they lay out how to make things such as the newspaper planters, fun little projects you can do in an afternoon. 0 of 0 people found the following review helpful. This is a great book that has so many tips and ways of ... By duh This is a great book that has so many tips and ways of doing things that I never thought of. Even though I'm in a different climate than they're in I can still use so much of the information. It's very practical and has made me a bit more conscious of some of the decisions I make concerning my food, things that I use in my house, and my overall footprint on God's earth.

In this fun and helpful handbook, Green Twins Andy and Dave Hamilton present an approach to eco-conscious living that proves that helping the environment does not require altering an entire lifestyle. This guide is packed with creative ideas for recycling, growing organic vegetables, and establishing an environmentally friendly office for those who lack the space or time to be completely self-sufficient but still want to minimize their environmental impact. There are small suggestions for those just getting started such as choosing alternative kitchen-cleaning products as well as bigger projects including making a solar oven from a used pizza carton and establishing a green nursery for children that cover all aspects of modern family life. Earth-friendly recipes, herbal remedies, and eco-friendly travel solutions round out this helpful resource to making the Earth just a little greener every day.

From Publishers Weekly British twins Andy and Dave Hamilton provide an inspiring blueprint for eco-living in this elegantly styled guide. The first-time authors posit that while it's impossible or at least undesirable to revert to foraging and cave-dwelling, it is possible to be self-sufficient-ish. To that end, they roll out hundreds of suggestions in four general areas (home, garden, food and lifestyle) to help readers live more harmoniously with Mother Earth. Particularly engaging are their discussions of small-scale beekeeping, harvesting of wild foods, home beer, wine and cider making, small space kitchen gardening and low-carbon holidays. While a long list of books on permaculture and other techniques have helped thousands get off the grid, this book has a more inviting feel for those who want to make la carte green adjustments to their life. The book does have drawbacks: much of its information can be found on the authors' own popular site ([www.selfsufficientish.com](http://www.selfsufficientish.com)); and the exclusive British focus leaves those in other countries confused during lengthy discussions of specific edible mushrooms and planting calendars. Yet the book's lush color photography, earnest prose and pragmatic approach will appeal widely as concern over global warming mounts. (Nov.) Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "An inspiring blueprint for eco-living . . . the book's lush color photography, earnest prose and pragmatic approach will appeal widely as concern over global warming mounts." Publishers Weekly