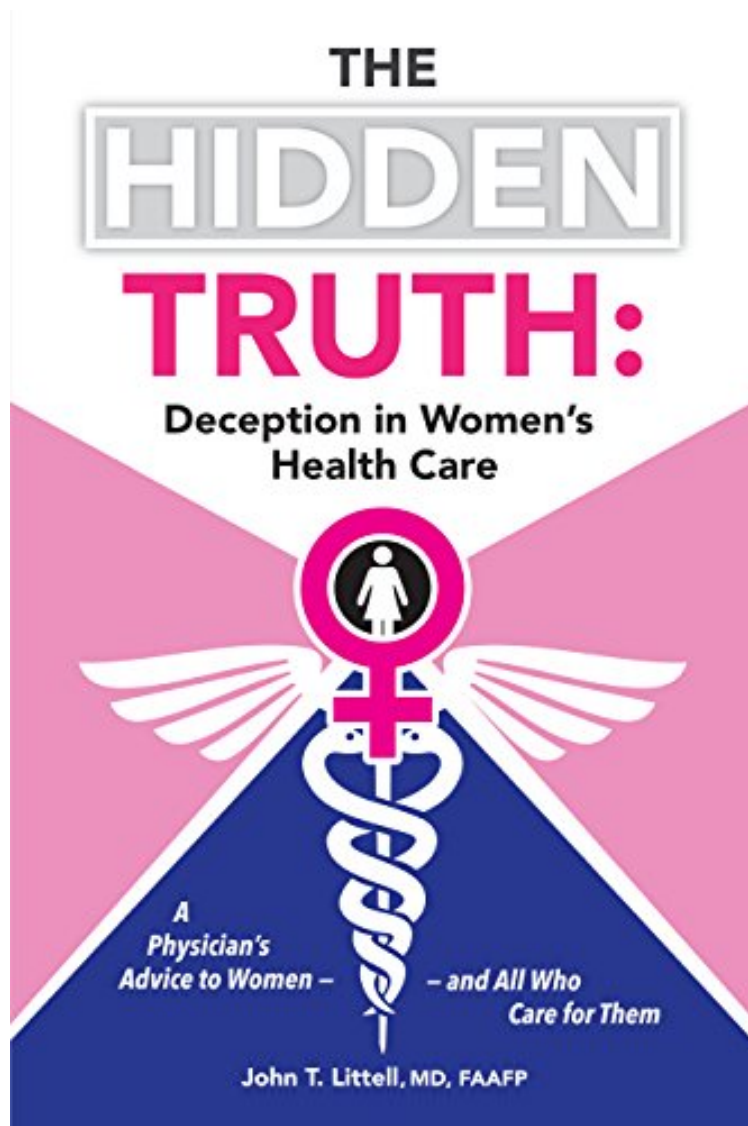


[FREE] The Hidden Truth: Deception in Women's Health Care: A Physician's Advice to Women and All Who Care for Them

## The Hidden Truth: Deception in Women's Health Care: A Physician's Advice to Women and All Who Care for Them

*John T. Littell MD FAAFP*

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9 of 9 people found the following review helpful. Must Read!By Tammy WEvery Woman (and those who care for and about them) should read this book. We need to think twice about the chemicals that we willingly put into our body and respect the natural cycle of our bodies, as God intended.Dr. Littell does an excellent job of addressing the issues of oral contraception, HPV, gynecological testing, women's health, family planning, and the overall respect of women that is missing from our society. BRAVO!If you are a mother of daughters, Read this book before your kids turn 10.3 of 3 people found the following review helpful. Five StarsBy MHExcellent read! I recommend every woman and all men who want to love and honor women to read this.0 of 0 people found the following review helpful. Five StarsBy CONRAD DonarskiVery informative

There is no question that women are called upon to make a variety of sacrifices during the course of their reproductive lives. Dealing with the physical, emotional and psychological demands of the monthly reproductive cycle, of pregnancy and of childrearing can prove exhausting for many especially when coupled with the rigors of managing a home and full time employment outside the home. So why is it that these same women have been asked and at times, required to make health care choices which further compromise their overall wellbeing while men their partners and soulmates are left with little or no responsibility for such issues as Std prevention and birth control? In a guidebook tailored for both women and men, a seasoned doctor combines facts and advice relevant to women and their families that will empower them to make informed decisions about future health care. Dr. John Littell, a family physician with more than twenty-five years of experience that includes obstetrics and gynecology, shares valuable insight about controversial issues in women's health care that range from Hpv vaccination in children to the diagnosis and treatment of Hpv-related disease to the numerous choices related to contraception and family planning. With an emphasis on natural options, Dr. Littell includes guidance and case studies related to common gynecologic health issues encountered by teenagers and women throughout their reproductive lives while exposing much of the deception in women's health care today.

About the AuthorJohn Thomas Littell, MD, is a board-certified family physician. After earning his MD from George Washington University, he served in the US Army, receiving the Meritorious Service Medal for his work in quality improvement, and also served with the National Health Service Corps in Montana. During is eighteen years in Kissimmee, FL, Dr Littell has served on the faculty of the UCF School of Medicine, President of the County Medical Society, and Chief of Staff at the Florida Hospital. He currently resides with his wife, Kathleen, and family in Ocala, Florida, where he remains very active as a family physician with practices both in Kissimmee and Ocala.