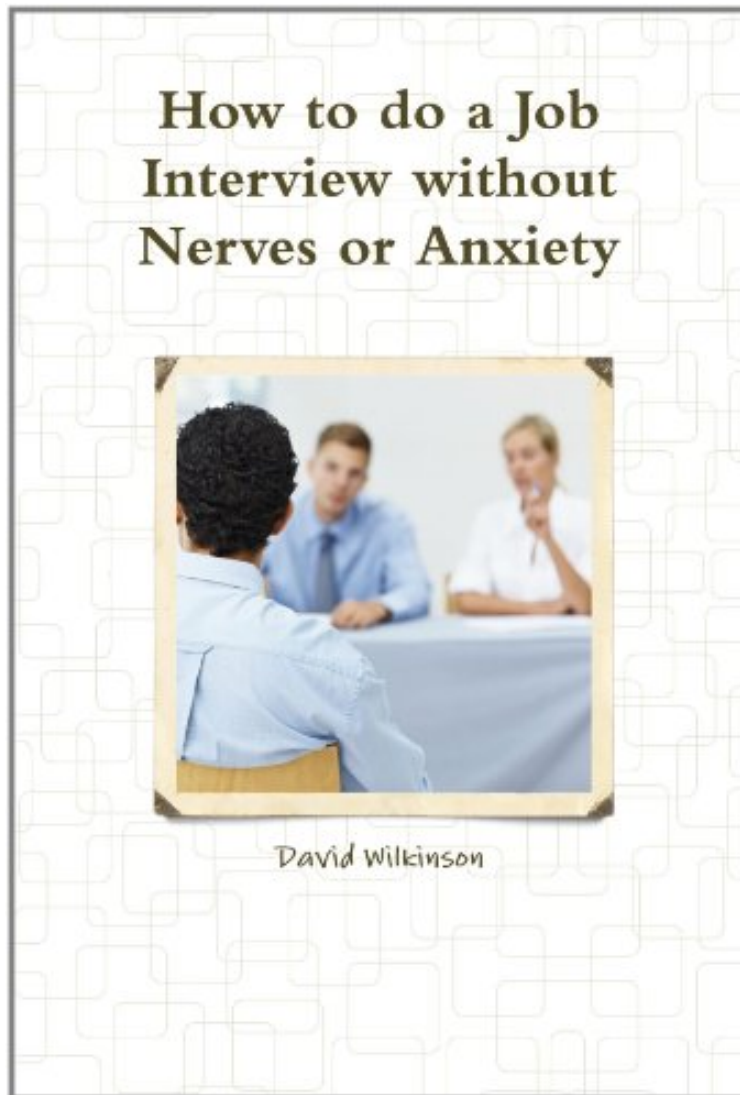


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The Fear Course Handbook of How to do a Job Interview without Nerves or Anxiety

David Wilkinson

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Many people suffer from nerves and anxiety before and during job interviews. 2 out of 3 people fail the interview even before they have answered the first question because of they are too nervous. In this clear and concise book, David Wilkinson a global expert in developing emotional resilience, explains why people get nervous and shows you how you can deal with it quickly and easily. Some of the things you will learn in this book: