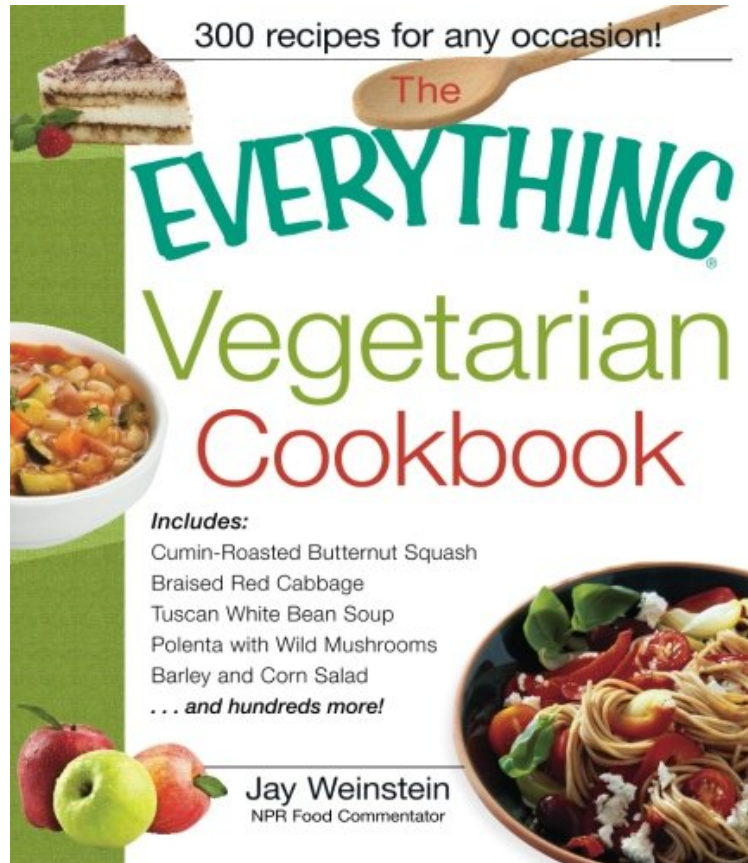


# The Everything Vegetarian Cookbook: 300 Healthy Recipes Everyone Will Enjoy

Jay Weinstein

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**Jay Weinstein : The Everything Vegetarian Cookbook: 300 Healthy Recipes Everyone Will Enjoy** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Everything Vegetarian Cookbook: 300 Healthy Recipes Everyone Will Enjoy:

0 of 0 people found the following review helpful. Great Book! By MJ I'm not a vegetarian just trying to eat healthier. This is a great book all ingredients can be found at most grocery stores. I have made the banana bread, only got one because daughter neighbor ate them, and the warm potatoes salad with balsamic vinegar onions it was amazing! This weekend we are looking forward to lentil salad! I would recommend this book to any no matter whether you are a vegetarian or not. Can't wait to make more of the recipes! 0 of 0 people found the following review helpful. Great for all types of vegetarians, including vegans! By Brittnie This book is great! I read the reviews before buying and was a little afraid of too many vegan recipes, but this book is brilliant! All recipes are labeled if they are vegan, however most contain egg or cheese making them vegetarian.. Just add some cream or butter or cheese to any of these delicious vegan meals and you have a to-die-for meal! There are tips at the bottom of the recipes such as how to peel beets, the proper way to chop herbs, and a quick recipe for garlic oil! It really does have everything from salads, soups, hors

d'oeuvres, and appetizers to pasta, vegetable dishes and delicious deserts. Even SUSHI!! This is for all levels of cooks, young and old.. I found a great cook book!88 of 90 people found the following review helpful. Amazing. Amazing. Amazing.By Jolee M. JosephsI have never written a review for before. Never had a reason to. But Everything Vegetarian is simply the most AMAZING cookbook out there. My husband told me that he would be happy to eat vegetarian meals if I fixed them. So, not being a cook in any way, I set out to find recipes I could try. I must have purchased ten cookbooks. Most are decent. Some things good, some things not so good. But EVERY SINGLE recipe in Everything Vegetarian turns out perfectly. Most recipes have a Mediterranean touch, using toasted cumin seeds and the like. And Mr. Weinstein explains clearly each step in the recipe. There is never a question of "What does THAT mean?" or "Where would I find THAT ingredient." He tells you everything. I genuinely wish I could find this man and kiss his feet.

From mushroom-stuffed tomatoes to roasted butternut squash, The Everything Vegetarian Cookbook by renowned chef and radio personality Jay Weinstein, makes preparing delicious vegetarian meals easier than ever before. In this comprehensive, all-purpose cookbook, Mr. Weinstein provides you with simple instructions to create a variety of savory vegetarian meals--whether you are on an ovo-lacto, macrobiotic, or vegan diet, or are someone who simply wants to reduce meat intake. The Everything Vegetarian Cookbook not only gives you options for meat substitutes, it also helps you ensure that you're getting the proper nutrients and protein while on a vegetarian diet. Whether you want to cook a one-course dinner for the family or an elaborate feast for special guests, this book can satisfy even the heartiest appetite.