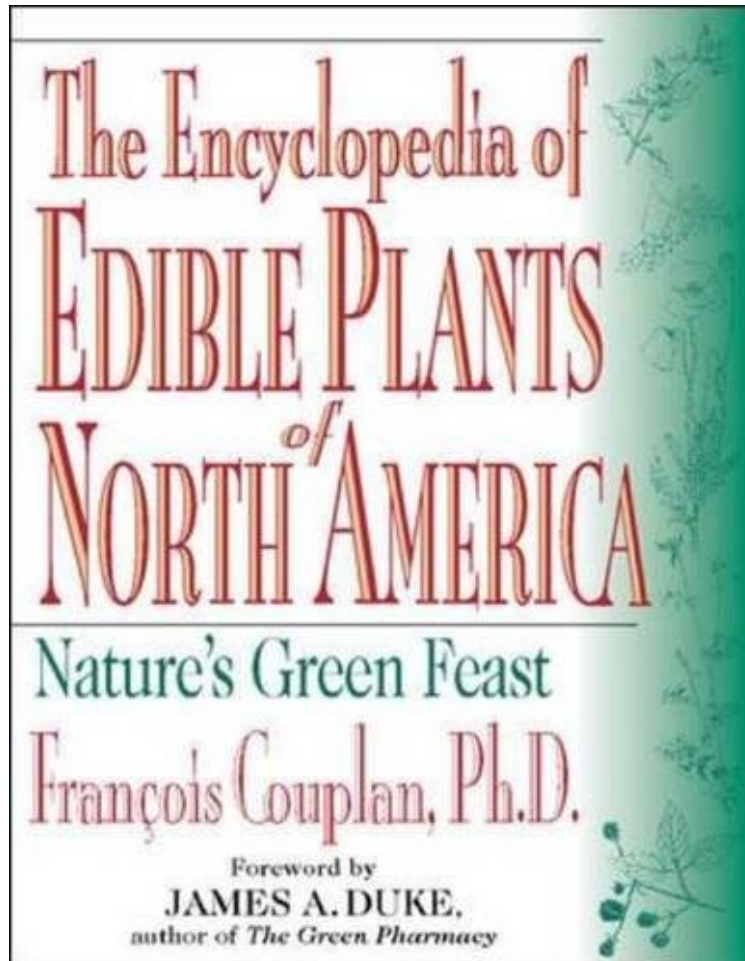


(Download) The Encyclopedia of Edible Plants of North America: Nature's Green Feast

The Encyclopedia of Edible Plants of North America: Nature's Green Feast

Francois Couplan

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Francois Couplan : The Encyclopedia of Edible Plants of North America: Nature's Green Feast before purchasing it in order to gage whether or not it would be worth my time, and all praised The Encyclopedia of Edible Plants of North America: Nature's Green Feast:

0 of 0 people found the following review helpful. I'm not in North America find it excellent By Dg. Batt I'm in New Zealand, not north America, but for me this is the single most reliable and comprehensive guide to edible plants that happen to be available from the nursery and seed trade that are not usually marketed as edible, a huge number of species. It is also good for edible weeds growing here, America is a very diverse continent, chances are it will have stuff suited to you wherever you are in the world. I like it because it is level headed, it's not unusual to find beautifully written books on this subject that are rather seductive and romantic about wild or obscure edibles, exaggerating their

benefits, presumably because they feel connecting with nature is a good cause (which it is) so a little propaganda doesn't hurt. I always know this book will be realistic sober, "the last word" often because the author has sampled the plants himself. The only annoying thing is he doesn't give specific references for each bit of info, so you can't check up on his sources, he does list all the sources at the end but you can't tell what was the source of what. For most people this won't be an issue I expect. 0 of 0 people found the following review helpful. Good Reference Book By Dragon Lady After having read the reviews on this, I went ahead and got it. This is a compendium of edible plants in the US. When I run across a plant that I have heard is edible, I can look at the index in the back with common names and go to it. I appreciate the scientific name being listed because then you can be sure you are getting the right one. I did feel like it was presented rather stiffly and arrogantly but not enough off putting to not use. 0 of 0 people found the following review helpful. Five Stars By cris mcbriethanks

Nature offers a lush variety of healthful, intriguing, and delicious fruits and vegetables that don't require a gardener's green thumb to enjoy, yet most Americans limit themselves to about 60 or so fruits, vegetables, nuts, and grains. From horsetails, ferns, and conifers to shrubs, vines, and herbaceous species, this guide describes how to find, identify and use hundreds of plants as tasty morsels.

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