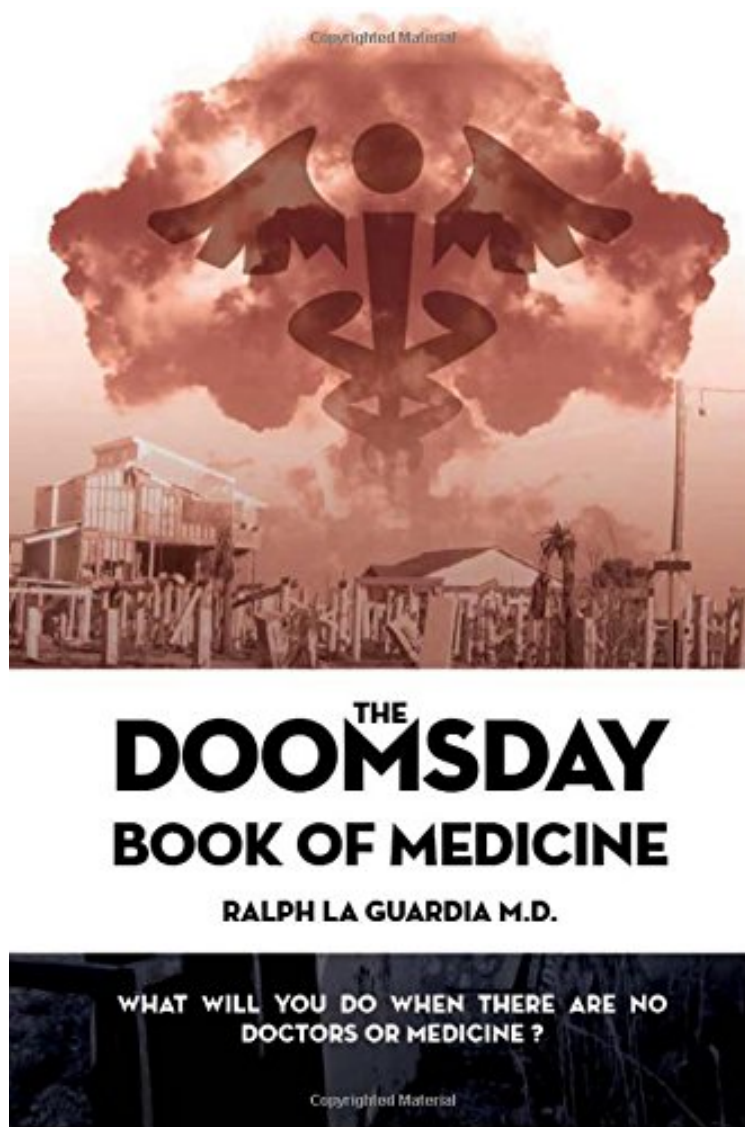


The Doomsday Book of Medicine

Ralph La Guardia M.D.

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This book is an encyclopedic length reference manual of over 900 pages, including everything you need to know to treat any medical problem from routine fevers to snakebites, there is even a chapter on Ebola. The section on how to build your own medical chest is especially helpful so you will be able to treat problems when there are no doctors or medicine available. There is a large section on nutrition and how to grow healthy plants from the soil up. It also teaches you how to make everything you will need in a survival situation..... Soap, toothpaste, sunblock.... For the Preppers, it is an awesome reference! For EVERYONE... it is an awesome guide to everyday needs too. VERY INTERESTING read... Prepper or not!

What are you and your family going to do after a collapse of society when there are no doctors and medications available, and the pharmacies and hospitals have been looted? You can prepare for every disaster scenario, but if you are not able to treat medical emergencies and injuries that arise, how long will you last? This book will teach you everything you need to know to keep you and your loved ones healthy. Dr. La Guardia has spent over thirty years researching ways to treat any and all medical conditions with non prescription, over the counter and everyday products, many of which will amaze you. This book is jam packed with useful information in an easy to read format, chock full of illustrations and overflowing with information that could very well save your life.